

# MASTER class

## RUSSIAN ALMOND EPISODE 1



# Dafne Fernández



Working as a nail professional since 2009, Dafne Fernández, known for both her nail sculpture, structure and art skills, is the founder and owner of Stanzy Nails & Beauty, Botica Puré, Mano Santa Nail Art and the director of the Stanzy Academy in Mexico City. Dafne became globally renowned after taking the role of global educator for *Artistic Nail Design* from 2012-2018. A champion tech, Dafne has won accolades in Orlando, Vegas, Pasadena and at the first *Nailympia* Canada in 2019. Dafne is an international judge and has educated in Japan, USA, China, Turkey, The Netherlands, UK, Russia, Belgium, Brazil, Chile, New Zealand, Australia and Greece. She's also the host of the first *Nailympia* Mexico (30-31 Oct 2021).

### WHAT YOU NEED

1. ruler, pencil, straight scissors, forms, paper
2. C-curve stick, form, cover pink, monomer, acrylic brush

## UNDERSTANDING THE NAIL FORM



- 1 Draw the different nail shapes: a perfect nail, curved down and curved up.



- 2 Practice placing the form on each nail picture on the paper first, then practice on your client.

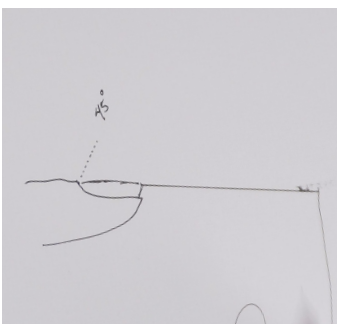


**Dafne Fernández**  
**STANZY NAILS & BEAUTY**

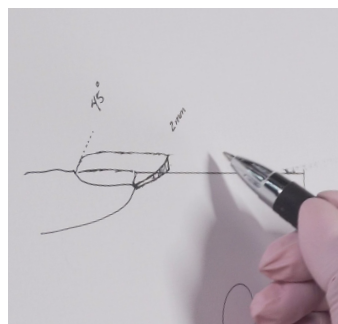
Mexico City  
stanzy.com.mx

IG: @stanzynb @stanzyacademy

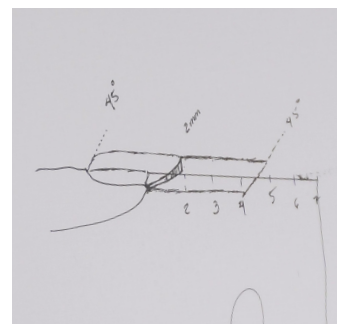
## RATIO AND MEASUREMENTS



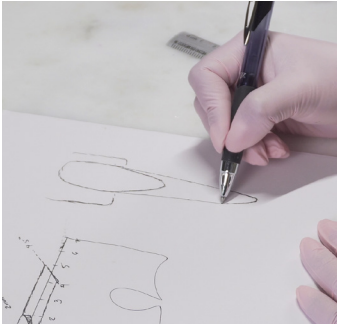
- 1 Product at the cuticle should be applied at a 45-degree angle.



- 2 The nail bed at its thickest should be 2 mm.



- 3 The free edge should also be at a 45-degree angle.



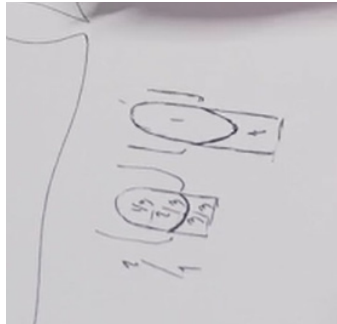
**4** A Russian almond shape should be wider at the cuticle area and narrower at the free edge.



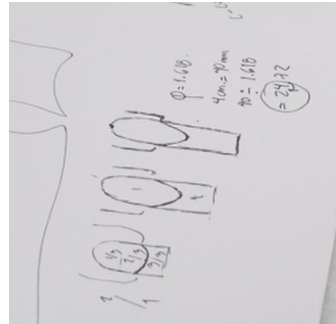
**5** The smile line and free edge should both be an oval shape, and the nail should have a deep C-curve.



**6** Salon nail: 2:1. Two parts pink, one part white.



**7** Competition nail: 1:1. One part pink, one part white.



**8** Golden section magic number: 1.618. Measure the nail from the cuticle to the free edge. Divide that number by 1.618. The result is the length you should make the nail bed.

## PRACTICE CREATING THE GOLDEN SECTION



**1** Apply a form to a C-curve stick or other practice surface you can hold in your hand.



**2** Apply a medium sized cover-pink bead in the center of where the nail bed will be. Slide it off the brush.



**3** Press the top edge of the bead up and towards the smile line. Then seal the top of the bead at the cuticle area and smooth the surface.



**4** With your brush flat, push the product into the oval shape to create a clean smile line.

## PRO TIPS

- Keep the corners of the smile line thin, with more product at the center.



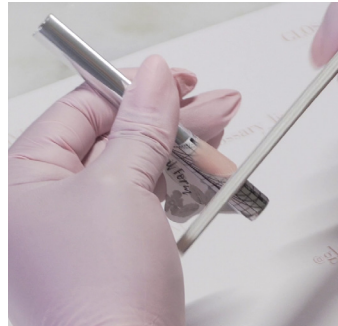
**5** Pick up a medium sized bead to create the apex. Seal and blend the bead working with a very flat brush, not at an angle. Blend very well at the edges to blend the color.



**6** The third bead should be small, then apply it near the cuticle at a 45-degree angle, and blend very well.



**7** Make sure the acrylic is dry before filing.



**8** Using a 180-grit file at a 90-degree angle, start filing at the corners of your smile line towards the center to create a perfectly clean smile line with a ledge for the free-edge to butt against.

Now you have learned about the Russian almond nail sculpting technique through theory and practice creating the golden section, so you can understand how it works and how to start the base of this nail style. In the next episode you must apply this information and start to practice on a real model.