

# MASTER class

## RUSSIAN ALMOND EPISODE 2



# Dafne Fernández



Working as a nail professional since 2009, Dafne Fernández, known for both her nail sculpture, structure and art skills, is the founder and owner of Stanzy Nails & Beauty, Botica Puré, Mano Santa Nail Art and the director of the Stanzy Academy in Mexico City. Dafne became globally renowned after taking the role of global educator for *Artistic Nail Design* from 2012-2018. A champion tech, Dafne has won accolades in Orlando, Vegas, Pasadena and at the first *Nailympia* Canada in 2019. Dafne is an international judge and has educated in Japan, USA, China, Turkey, The Netherlands, UK, Russia, Belgium, Brazil, Chile, New Zealand, Australia and Greece. She's also the host of the first *Nailympia* Mexico (30-31 Oct 2021).

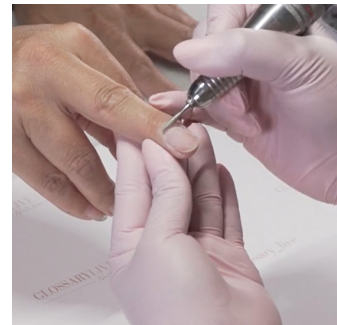
### WHAT YOU NEED

Ruler, cleanser, pusher, nail brush, e-file, 220-240 bit, forms, scissors, prep, primer, monomer, acrylic brush, cover powder, pink translucent powder, 180-grit file, free edge color powder of choice.

## PREPARE CUTICLE WITH ELECTRIC FILE



**1** With your electric file on 7-9 rpm, work from the center of the nail to the sidewall, slowly and gently in small strokes. At the sidewall, pull down in one stroke. Then reverse the direction of the rotation and repeat on the other side of the nail.



**2** Continue prepping with the belly of the bit, pushing up towards the skin at the cuticle area.



**3** Prep the natural nail using a larger 220-240 bit. Start at the cuticle working toward the free edge. Always file in the same direction. Use gentle pressure and let the file do the work.

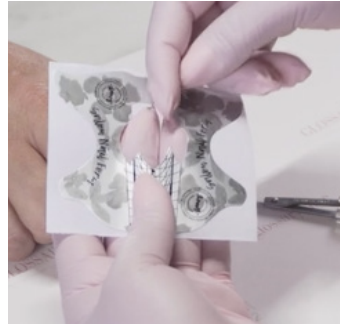


**Dafne Fernández**  
**STANZY NAILS & BEAUTY**

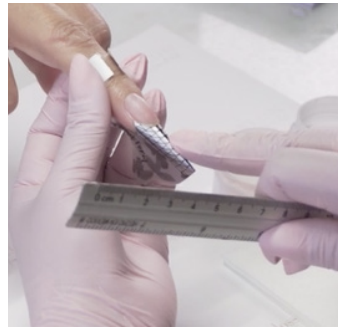
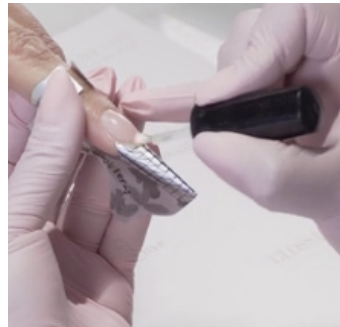
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## APPLICATION OF THE GOLDEN SECTION

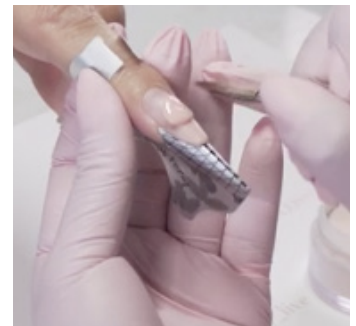
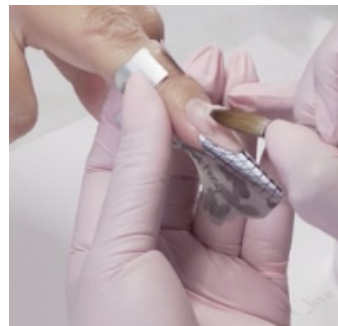


**4** Measure and cut the form to fit your client's finger. Press the tabs together at the end of the form as if you were doing a stiletto nail. Then apply it to the nail.



**5** Apply nail prep and primer to the natural nail.

**6** Measure the nail to decide how long the nail bed will be.



Apply a medium bead of cover pink. Seal it to the nail plate, then shape the oval smile line.

**7** Take a second bead and place it on the nail plate. Seal it to the natural nail and blend with a flat brush.



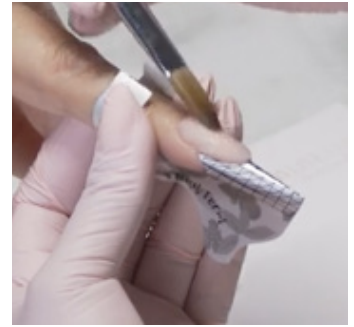
**8** Apply a third small bead at the cuticle area and blend it.



**9** Cover the entire nail bed with pink powder, starting at the cuticle area.



**10** Look at the nail from the side to ensure that the shape of the nail bed is correct, and the apex is in the correct place to be consistent with all other fingers.



## PERFECTING THE SMILE LINE WITH BRUSH & FILE



**11** Make sure the product is completely dry by tapping the nail with the end of your brush.

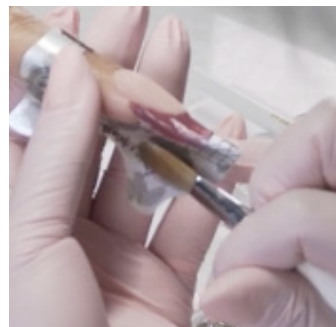


**12** With your file at a 90-degree angle, start at the corner of the smile line working around the perimeter to create a clean line and ledge.

## CREATING THE FREE EDGE



**13** Clean and hydrate the smile line with monomer. Apply a medium size bead of colored acrylic to the form at the smile line. Push the product up to the corner of each smile line.



**14** Use your brush to create a straight line of product from the corner of the smile line to the free edge.



**15** Place a medium bead at the tip of the free edge to create a 45-degree angle.



**16** Starting at the tip, apply a medium size bead of pink translucent powder to cap the free edge, avoiding the smile line. Use small, short strokes to smooth, and make sure the application is even.



Now you have learned how to prepare & measure the nail in order to sculpt a perfectly formed Russian almond shaped nail. This workbook offers the details required in order to apply the product skillfully, so the Russian almond golden section is perfected, in form & structure, before the free edge is placed correctly and a strong smile line created.