

MASTER class

RUSSIAN ALMOND EPISODE 3



Dafne Fernández



Working as a nail professional since 2009, Dafne Fernández, known for both her nail sculpture, structure and art skills, is the founder and owner of Stanzy Nails & Beauty, Botica Puré, Mano Santa Nail Art and the director of the Stanzy Academy in Mexico City. Dafne became globally renowned after taking the role of global educator for *Artistic Nail Design* from 2012-2018. A champion tech, Dafne has won accolades in Orlando, Vegas, Pasadena and at the first *Nailympia* Canada in 2019. Dafne is an international judge and has educated in Japan, USA, China, Turkey, The Netherlands, UK, Russia, Belgium, Brazil, Chile, New Zealand, Australia and Greece. She's also the host of the first *Nailympia* Mexico (30-31 Oct 2021).

WHAT YOU NEED
180-grit file, e-file, ceramic bit.

FILING TO FINISH



1 Once the nail is dry, carefully remove the form from each side of the finger and pull the form down so you don't injure the client's hyponychium.



2 File the free edge at a 45-degree angle.



3 File sidewalls at a 45-degree angle



Dafne Fernández
STANZY NAILS & BEAUTY

Mexico City
stanzy.com.mx

IG: @stanzynb @stanzyacademy



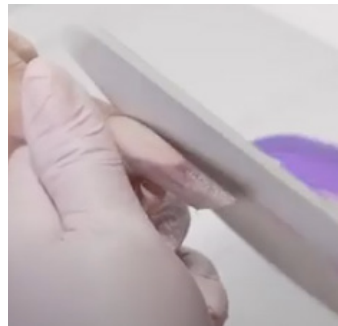
4 File the center of the nail at a 0-degree angle. Support the free edge under the nail with your finger while you file.



5 File each side of the center of the nail in a zig-zag position.



6 File the cuticle area very slowly and carefully so as not to cut the skin.



7 File the convex smooth and round.



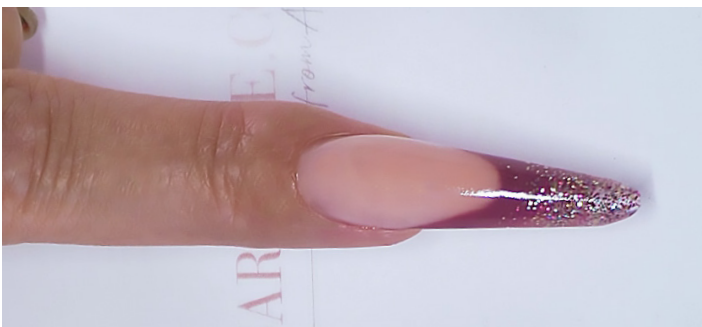
8 File the side grooves straight.



9 Use the e-file to perfect the cuticle area using a ceramic bit.



10 Buff and clean and you're done!



Now you have learned the various angles and techniques needed to correctly file (using both hand file & an e-file) the Russian almond nail to give it its strong & stylish shape.