

BACK to basics

SCULPTING OVAL NAILS



This workbook will teach you how to sculpt an oval nail shape in the salon. You will learn proper form placement, attention to creating beads and placing the liquid & powder beads, as well as special filing techniques to create a perfectly even oval nail.

WHAT YOU NEED

Dappen dish, lint-free wipes, monomer, pink powder, brush, 150/180-grit file

GETTING PREPARED

Fill the dappen dish with monomer. Make sure the liquid is deep enough to submerge the entire bristles of the brush. Place a lint-free wipe beside the dappen dish so you can clean your brush before you start. Place your chosen color powder beside the dappen dish.

Alisha Rimando



Alisha Rimando is recognized as one of the nail industry's leading experts in training and education. In her 28 years experience, her work has been described as "ground-breaking" as she has been a platform artist and motivational speaker for thousands of promotional and educational events, and competed in hundreds of nail competitions around the globe winning the *World Nail Championship* in 2005 in *Pink and White Sculptured Nails*. She is the featured artist in many training videos, including hosting the current *Milady Standard Nail Technology* DVD Series.

Alisha's expertise and application techniques have been featured in more than 150 beauty and trade publications and blog spots world wide such as *Teen Vogue*, *Bridal Guide*, *Self*, *Fitness*, and *Seventeen* magazines, as well as numerous industry trade magazines like *Nails*, *Nailpro*, *Scratch (UK)* and *Stylish Nail (Japan)*. Her career took an additional leap in 2008 when she became a published author for Cengage Learning, contributing to *Milady Nail Technology* and *Standard Cosmetology* textbooks, a consistent honor she engages with each new edition.

Through the years, Alisha has worked with R&D chemists to develop nail enhancement products, nano technology skincare, cuticle treatments, polish collections and natural nail treatments. Alisha's artistic creations have been sought after for numerous ads and campaigns as well as garnered celebrity status being featured with Jennifer Hudson in her video "Spotlight" and leading teams at NYC Fashion Weeks.

Her passion for educating the nail community takes her on another adventure with the conception and development of GlossaryLive.com

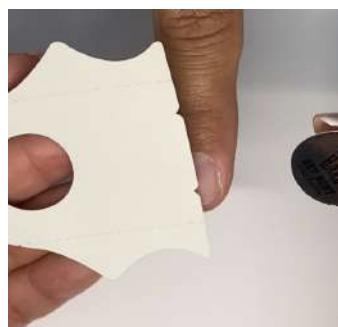


PREPARING YOUR BRUSH

To prepare the brush, dip the bristles in the liquid monomer. Wipe the brush on the side of the dappen dish and then wipe the brush in one direction only, on the lint-free wipe.



1 Prep the nail as shown in detail in *Back to Basics* Season 1.



2 Take the form, pull off its sticker and place it on the back to make it sturdier. Roll the form between your fingers to make it easier to apply to the finger.



3 Place the form on the finger. Slide it under the free edge between the hyponychium and the nail plate.



Alisha Rimando GLOSSARY LIVE

USA

alisharimando.com

IG: @alisharimando



4 Notice the gap that is seen to the right hand side of the free edge. This means the form needs to be customized.



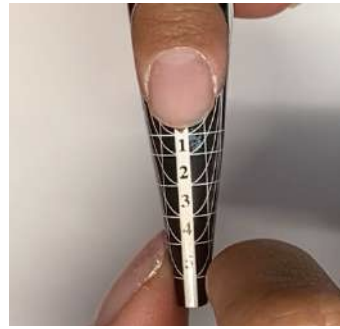
5 Customize the nail form with your nail nippers.



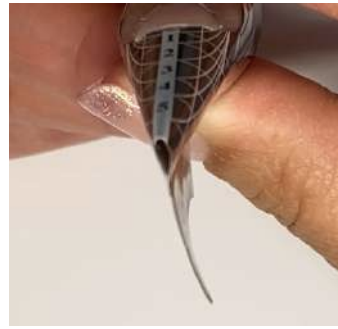
6 The customized form now gives a perfect fit to the nail. Squeeze the bottom tabs together to close the form around the finger.



7 With a customized nail form, you may have small gaps at the free edge but larger gaps may cause seepage under the nail. If the gap is too large, remove and start again with a new form.



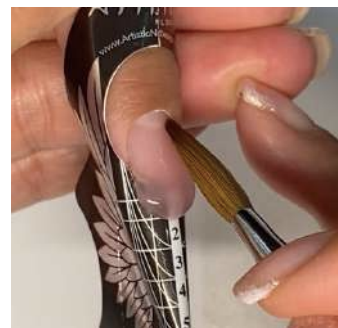
8 For an oval shaped nail, tighten up the form at the end, but make sure you leave a hole that will create the correct sized C-curve. Ensure the form is secure on the finger.



9 Put the brush into the monomer liquid. Half wipe it on the side of the dappen dish, then turn the brush and place it in the powder. Pick up your bead and wait until it gets creamy. Place the bead in the center of the nail where you want your apex to be.



10 Angle the brush upwards and pat the product, to seal it, working from side to side across the nail plate. Be sure to keep the top of the bead near the cuticle thin and blended. Using the backside of the brush near the ferrule, press the product down to create extension edge. Clean brush and smooth the surface.





11 Keep the bulk of the product at the center of the nail while keeping it thin at the sides and the free edge. The apex is where the thickest part of the product will be.



12 If the free edge of the nail is too thin, add a small bead at the tip and blend it backwards.



13 Blend the product and shape as you sculpt. The oval nail is easy to sculpt on this form, as the lines are oval and the product just needs to follow the line. Leave a slight point with a nice rounded edge as you sculpt.



14 Add your final small bead at the cuticle area. Place the bead in the upper section in the middle of the nail and blend it in.



15 Tap the product with the brush to gently get it up to the cuticle area of the nail. Then blend it down the nail with long strokes. Work softly, do not press hard on the product. Keep the brush parallel and add any further beads that are required to complete the nail.



16 As the L&P dries use your thumbs to mold and roll the sides of the nail. You will feel it become hard as the nail begins to pop out of the form.



17 Remove the form.



18 Use a C-curve stick to mold the C-curve as the L&P nail sets.



19 Keep your elbows out as you roll down the nail with your thumbs. Press in at the smile line, to create a straight but tapered line from the cuticle to the free edge.



20 Use the heat from your fingers to lock in the shape of the nail at the smile line area as it cures.



21 Now take a smaller (one-size down) C-curve stick and wrap the nail around it. This will give a softer look to the nail. Tighten and taper the nail as it cures; leave the tip rounded.



22 The nail is now ready for filing.



23 Start filing the sides with a 150-grit file. Hold the file straight and file down from the cuticle line.



24 Angle the file slightly to create the tapered end.



25 Hold the top of the nail to steady it and file the free edge at a 45-degree angle to refine the oval shape. Then file the side grooves to blend into the oval shape.



26 Refine the whole nail shape. Move to the top of the nail with a 180-grit file to get rid of the bulk of the product. Work gently, let the grit do the work. Seal the cuticle and buff smooth. Polish with your desired shade.



In this workbook you have learned how to fit a nail form in order to sculpt an oval nail. The steps have guided through correctly applying a nail form, application of the L&P bead, to shaping and placement before pinching with thumbs to refine the sidewalls and pinching in the C-curve. Filing to refine the nail is then covered to reveal a fully formed oval nail shape.