

BACK to basics

SCULPTING ROUND NAILS



In this workbook you will learn how to sculpt a round nail shape in the salon. It will show proper form placement, attention to creating beads, applying the liquid & powder beads, and special filing techniques to create a perfectly even round nail.

Dappen dish, lint-free wipes, monomer, pink powder, brush, 150/ 180-grit file, 2-way buffer, as well as manicure brush

WHAT YOU NEED

Fill the dappen dish with monomer. Make sure the liquid is deep enough to submerge the entire bristles of the brush. Place a lint-free wipe beside the dappen dish so you can clean your brush before you start. Place your chosen color powder beside the dappen dish.

GETTING PREPARED

Alisha Rimando



Alisha Rimando is recognized as one of the nail industry's leading experts in training and education. In her 28 years experience, her work has been described as "ground-breaking" as she has been a platform artist and motivational speaker for thousands of promotional and educational events, and competed in hundreds of nail competitions around the globe winning the *World Nail Championship* in 2005 in *Pink and White Sculptured Nails*. She is the featured artist in many training videos, including hosting the current *Milady Standard Nail Technology* DVD Series.

Alisha's expertise and application techniques have been featured in more than 150 beauty and trade publications and blog spots world wide such as *Teen Vogue*, *Bridal Guide*, *Self*, *Fitness*, and *Seventeen* magazines, as well as numerous industry trade magazines like *Nails*, *Nailpro*, *Scratch (UK)* and *Stylish Nail (Japan)*. Her career took an additional leap in 2008 when she became a published author for Cengage Learning, contributing to *Milady Nail Technology* and *Standard Cosmetology* textbooks, a consistent honor she engages with each new edition.

Through the years, Alisha has worked with R&D chemists to develop nail enhancement products, nano technology skincare, cuticle treatments, polish collections and natural nail treatments. Alisha's artistic creations have been sought after for numerous ads and campaigns as well as garnered celebrity status being featured with Jennifer Hudson in her video "Spotlight" and leading teams at NYC Fashion Weeks.

Her passion for educating the nail community takes her on another adventure with the conception and development of GlossaryLive.com



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PREPARING YOUR BRUSH

To prepare the brush, dip the bristles in the liquid monomer. Wipe the brush on the side of the dappen dish and then wipe the brush in one direction only, on the lint-free wipe.



1 Prep the nail as shown in detail in *Back to Basics* Season 1.



2 In order to create a round and slightly tapered nail, place the form onto the finger.

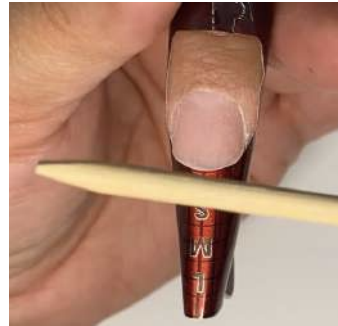




3 Make sure you place it at the free edge and secure it along the sides (lateral nail folds), then squeeze and pinch the tabs together underneath to get a snug fit. Make sure for a rounded nail that you pinch it in further to get a more tapered end to the form, this gives the shape that you're going to sculpt. Check the side of the form to make sure it is fitted to the finger and nail correctly.



4 Check the line on the form follows directly down in a straight line from the natural nail.



5 Check the form is fitted correctly by tapping the nail with an orangewood stick. If nothing moves, the fit is snug and correct.



6 After you have prepped the nail and fitted the form, pick up your first bead. Put the brush into the monomer liquid. Half wipe it on the side of the dappen dish, then turn it and place it in the powder.

PRO TIPS

- Clean your brush by wiping it on the lint-free wipe in one direction. This will give your brush a long life.



7 Place the bead in the center of the nail at the free edge. This is where you want your apex or highest point to be. Tap the bead to seal it down to the nail plate. Press the product, moving from side to side.



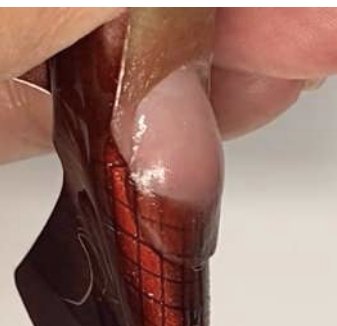
8 Stretch it over from one side to the other. Then gently pat & drag it down just pass the 'S' on the form to get the length.



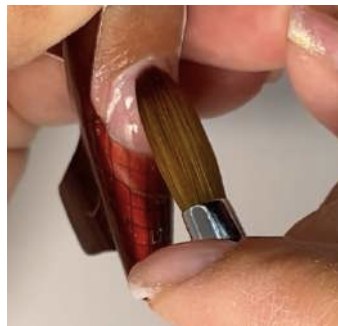
9 As you get to the free edge give the nail a gentle taper and soft rounded edge by following the shape of the nail form.



10 Add a second bead in the center of the nail where the apex is located. Pat it up to the cuticle area and then blend it down the nail. Keep the brush parallel to the nail.



11 Check the nail from the side view to assess whether it needs extra product added. If required, pick up a very small bead and place it at the cuticle area, pat it from side to side and pull it down to blend into the nail.



12 Now clean your brush by immersing it in monomer then pulling it along a lint-free wipe in one direction while rotating the bristles into a point. Do this while you wait for the nail to set/cure/harden.



13 Wait for the product to dry and set before you take away the nail form. You can test if it's ready by tapping with an orangewood stick or handle of your brush. If you hear a thud, it is not ready yet. If you hear a clicking sound, then it's starting to set up.

PRO TIPS

- You want the product to look smooth and thin with an obvious apex at the stress area of the nail.



14 Use your thumbs to fold and roll down the nail as it dries. Keep your elbows out as you wrap and roll down the nail - making sure the product is setting in a straight and sharp line. As you roll down you will feel the nail popping away from the nail form as it sets.



15 Carefully remove the nail form. A good form will be hard to pull off as it should be adhered well to the finger. Pull the form clearly and cleanly down and away from the hyponychium.



16 Hold the nail between your fingers to help it set in the correct shape. The heat from your fingers will lock in the C-curve shape.



17 To create the perfect C-curve, take a C-curve stick and pop it into the end of the nail. Pinch either side of the nail tip to wrap it around the stick as it sets. This will make sure the half circle of the nail is even and structured.



18 Check you are happy with your C-curve by checking it from underneath to clearly see the strong shape.



19 You can see from the nail that due to the fitting of the form, the nail has a slight taper and soft round edges at the free edge.



20 Now shape the free edge. You need to hold the 150/180-grit nail file at a 45-degree angle to the free edge. Then file back and forth to create a soft, round nail.



21 File the sidewalls straight down; keep the file straight.



22 Take time out to look at the nail. The soft round shape neatly mimics and follows the person's own round cuticle area to create a feminine, soft, very pretty round shaped nail.



23 File the entire surface of the nail. As you file across the top, keep the nail nice and rounded as you file from side to side.



24 Turn the nail to the side to file the side groove and you'll get a pretty angle to the nail. Round off the corner of the free edge to get your rounded nail.

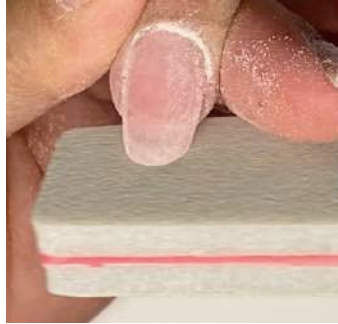


PRO TIPS

- Sculpt the nail shape into the nail, so the nail does not require too much filing, as this can weaken the structure. Correct form fitting and skilled sculpting will mean less filing, which equals a stronger, more beautiful nail and time saved!



25 Check the nail from the client's perspective. Take the file at 45-degrees and ensure the shape remains rounded while you finesse the finish.



26 Finish the nail by using a 2-way buffer across the surface, the underside and down the sidewalls to smooth the surface.



27 Clean the nail of all dust and debris with a dry manicure brush.



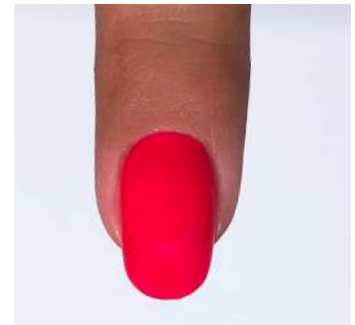
28 Check the nail from the front, sides, back and underside.



29 Cover the entire nail with an air dry clear top coat.



30 The final look before and after 2 coats of nail lacquer have been applied.



In this workbook the sculpting and finishing of a round nail shape has been demonstrated. Techniques for picking up the L&P bead, application, placement and method of shaping have been covered. Form fitting for a tight snug fit has been showcased with specialist filing techniques revealed in order to create a delicate, pretty round shaped nail.