

MONOCHROMATIC PALETTE

WHAT YOU NEED
Set of nail art brushes, UV/LED gel polishes in a wide range of colors, an art palette, nail form paper to practice your strokes, a UV/LED nail lamp \& orangewood stick to hold your nail tips

## GETTING PREPARED

Set your table up with the materials you'll be using for an uncluttered working space. Place the nail tip, gel polish \& plexiglass tray with your chosen colors on the table. Place the tip directly in front of you.

## THE COLOR WHEEL



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Take a color wheel \& see that it has warm colors on one end, that are the activating colors. On the opposite side are cool colors, these are the winter colors.


One side of the wheel shows you how to blend colors \& the other shows how to find a color's complementary color or its split complementary color.


One side of this color wheel shows clearly what shade you will get if you start adding white to the color you have chosen.


## PROTIPS

- Adding gray brings colors together \& creates an harmonious palette to work with.

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Lisa Boone has over 20 years' experience in the nail industry. The wide berth of knowledge she's accrued has taken her from behind the chair, to the competition circuit \& researching innovative products to assisting technicians in their quest to create better products \& services in the salon.

Lisa began her career as a nail tech in Chicago in one of its first nail-only salons \& soon became the award-winning hands behind Tom Holcomb's world champion nails. After traveling the competition circuit for over 15 years, she became intrigued with developing winning formulations \& cultivated a love for researching new \& improved products for the industry.

Playing a crucial role in the R\&D of new formulations for various industry manufacturers, Lisa has since won awards for both packaging \& new product development in the beauty industry. As well as being credited for "best new product" awards by industry professionals \& magazines across the globe.

Lisa has judged for the 2nd World Championships, is a staple on the global judging circuit for Nailympia Competitions worldwide \& can be seen all over the world as an international educator.


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## MASTER class MONOCHROMATIC PALETTE BY LISA BOONE

## MONOCHROMATIC COLOR PALETTE



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The monochromatic palette is when you choose a color \& then add either a tint or a shade to it. This palette works well when creating an accent or feature nail to act in harmony with the full set.


The most popular brushes used to mix, blend \& apply the colors from the palette are the small round art brush, a flat oval brush \& a liner brush.


- Recommend monochromatic art designs for clients that want something different on their nails, but prefer soft or subtle art.

Start by asking your client to 7 choose the color they are most drawn \& attracted to in the primary colors selection.


Take a medium blue color \& place 3 dots on the palette. Next, take white \& black shades \& place beside the blue.


You can see if we take blue, we can move along the wheel tinting \& making them lighter. Or we can go in the opposite direction \& by adding black, we go darker down the monochromatic scale.


11 Now mix the white \& blue together to form a tinted range of color.


Choose the base color \& set up your palette. Here we are looking at blue tones, tints \& shades. Once the color has been chosen, paint the majority of the nails in this color \& decide on how many accent nails you are going to have time to do during the salon appointment.


Mix the blue with black to create a shaded range of color.

## COMMON NALL ART STROKES



Take the round art brush (used to create flowers when you want movement)\& load it with the original blue color by pulling it in one direction to keep its hairs in a point. Then dip the brush into the lighter tint of blue \& a little into the white too.


One of the most popular strokes used in nail art for creating flowers is the 'comma stroke'. Here you set the point in position, press the brush down, pull it in a crescent shape, lift it up \& end at a point. You can then do this in the opposite direction to make a series of different petals as you build your flower design.


If you press down with the brush \& pull back \& off, you then get an exclamation mark-shaped petal. You can then go to the end of the petal \& drag the paint out slightly to create a small stem. You can also do the opposite by painting a line with the point of the brush \& then pressing down. These techniques give you a variety of shapes \& different sized petals.


Moving to the liner brush, do the same 'comma stroke' with the brush by pressing \& lifting as you create the crescent shape. The liner brush gives you much finer, delicate lines to add further interest as you build up your design.


Spend time between clients sitting \& practicing different petal shapes \& color shades.


Dots are a fantastic way to fill in, add interest \& complete a design. Take your liner brush \& make sure it has a nice load of paint at the very tip. As you paint on the dots \& use up the paint, the dots naturally get smaller \& smaller.

## PRO TIPS

- When creating straight lines, add a dot where you will start \& another where your line will end, then pull your brush from the first dot to the end point. While painting this line, always look at the end dot, not where you started from. These dots act as a great guide to creating straight lines.
- Odd numbers look better than even numbers when creating art strokes \& dots.


## MONOCHROMATIC NAIL DESIGN



Load the flat oval brush with 2 shades of blue \& the tip of the hairs in white. Create large petals by placing the brush down on the nail \& pulling towards the center of the flower, cure. one coat of UV/LED gel polish in a pastel blue shade \& cure. Now apply your second coat of color \& cure.


Use the round brush dipped in the darker blue shade to create smaller petals between the larger ones, cure.

oncentedeatilingis complete cure. Then apply top coat \& cure the nail design.


Mix black into the dark blue \& load the round brush. Use small short strokes to create the leaves.


Use the liner brush to add tiny dots to mimic pollen, cure.

2. Mix a gray-blue tint to extend the palette of shades to add more details to the overall design by adding stamen across the nail. Next add small highlights in white to build up the dimension \& add detail to the flower.

In this workbook, you have learned what a color wheel is \& how to use it for your nail art. You now have a better understanding of color theory, how color affects your emotions \& how different techniques can be used to bring colors together. You were shown, which brushes are the best to use for the differing brush strokes \& techniques used to create simple yet stunning nail art.

