

# BACK to basics

## 3D FLOWER DESIGN ON NAILS



## Alisha Rimando



Alisha Rimando is recognized as one of the nail industry's leading experts in training & education. In her 28 years experience, her work has been described as "ground-breaking" as she has been a platform artist & motivational speaker for thousands of promotional & educational events, & competed in hundreds of nail competitions around the globe winning the *World Nail Championship* in 2005 in *Pink & White Sculptured Nails*. She is the featured artist in many training videos, including hosting the current *Milady Standard Nail Technology* DVD Series.

Alisha's expertise & application techniques have been featured in more than 150 beauty & trade publications as a contributing author world wide such as *Teen Vogue*, *Bridal Guide*, *Self*, *Fitness*, & *Seventeen* magazines, as well as numerous industry trade magazines like *Nails*, *Nailpro*, *Scratch (UK)* & *Stylish Nail (Japan)*. Her career took an additional leap in 2008 as a contributing author to *Milady Nail Technology* & *Standard Cosmetology* textbooks, a consistent honor she engages with each new edition.

Through the years, Alisha has worked with R&D chemists to develop nail enhancement products, nano technology skincare, cuticle treatments, polish collections & natural nail treatments. Alisha's artistic creations have been sought after for numerous ads & campaigns as well as garnered celebrity status being featured with Jennifer Hudson in her video "Spotlight" & leading teams at NYC Fashion Weeks.

Her passion for educating the nail community takes her on another adventure with the conception & development of *GlossaryLive.com*

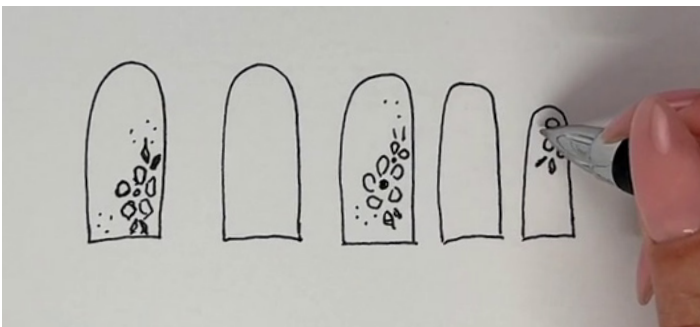
### WHAT YOU NEED

Dappen dish, liquid & powder system, colored powders, L&P brushes, lint-free wipes.

### GETTING PREPARED

Place on your nail desk your choice brand of L&P acrylic monomer liquid & polymer powder, a dappen dish, lint-free wipes & wax paper with the #6 & #3 brushes & a desk lamp to see your work clearly, since you are working in miniature.

## PLANNING & LAYING OUT A FLOWER DESIGN ACROSS THE NAILS



**1** Place the center of the flower on the edge of the nail. This is a quick way to add a flower to a nail using just 3 petals. Then add connecting flowers & leaves to the design. Move the design over to another nail, to bring it to life across the nail canvas.

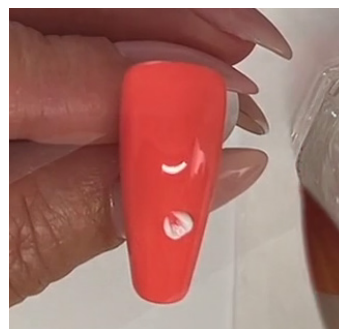
### PRO TIPS

- It's a good idea to plan & visualize how much art you will do on your client & the placement of the art. This will allow you to give your client options & save time in the salon.
- Add 3D art to create a unique & fun look without having to do much 3D work. Don't forget to add embellishments & glitter to the design to accent it.

## CREATING THE MAIN FLOWER



**2** Pick up a tiny bead of L&P acrylic. Wait until the bead turns creamy & then let out the excess monomer on a towel. Lightly touch the bead with the tip of the brush so it becomes pearl-like.



**3** Place the tip of the brush towards the center of the flower & lean the brush back to open the petal.



**4** Pick up a second bead & wait until it's creamy, then apply it to the nail.



Alisha Rimando

GLOSSARYLIVE

USA

alisharimando.com

IG: @alisharimando

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## CONNECTING ANOTHER FLOWER



**5** Pick up a third bead & place it on the opposite side of the first bead making sure they take up just one half of the imaginary circle you're working in, this leaves plenty of room to add the two final petals.



**6** Pick up the fourth bead & place it next to the second bead. Lastly, pick up the fifth bead & place in the center of the last open space, between petals, to complete the circle.



**7** Pick up your bead & wait until it's creamy. Add the connecting flower by visualizing the center of the new flower in between 2 petals of the existing flower.



**8** Add a second bead & place it opposite the first connecting bead. Take a third bead & place it between the first & second beads.

## ADDING LEAVES WITH COLORED POWDERS



**9** Dip your brush in the monomer, then add green powder to one side of your brush & yellow powder to the other. This is the double-dipping method.



**10** Place the leaf right between 2 petals. Tap the bead to blend the 2 colors together & then use the tip of the brush to cut the vein design into the leaf & kick over the end to give it the leaf shape.



**11** Pick up a second multi-colored bead to create the second leaf. Let out the excess monomer on a towel to keep the bead firm. Use the tip of the brush to again, cut the vein into the leaf.



**12** Pick up your third bead for the next leaf placement. Then place a fourth bead.

## FINISHING THE 3D NAIL ART LOOK



**13** Complete the design by filling in the center of the flower. You can use a crystal, bullion or an L&P bead to design this area. If using L&P acrylic, take a clear bead to set your crystal.



In this workbook you have learned how to create 3D flower & leaf designs on the nails using the L&P acrylic system for exciting & profitable nail art. You were shown how to build up the design in an harmonious composition using the double-dipping method for quick colorful art.