

XXXTREME nail art MINI MONSTERS



WHAT YOU NEED

Play-Doh, dotting tool, brushes, toothpick, palette knife, thin wooden stick, liquid & powder system, soft pink UV/LED gel, red UV/LED gel, black UV/LED gel, no-wipe UV/LED clear top coat, UV/LED lamp.

GETTING PREPARED

Prepare your table in an organized manner eliminating cross contamination from the products. Make sure all necessary products are within hand's reach, so the colors are ready to use on the nail desk.

FORMING & SHAPING THE MINI MONSTER



1 Take your chosen color Play-Doh & roll a small, smooth ball in your hands.

PRO TIPS

- Make sure your stick is of a length where it supports the figurine, but does not get in the way while sculpting. For example: a kebab stick length will get in the way.



2 Take a thin stick & put it through the center of the ball to support it.



3 Use your fingers & thumb to gently shape the top of the ball into what will be the head.

Aigul Fritzke



Starting out as an artist, utilizing sketching, painting & photographic media, Aigul Fritzke saw the nail canvas as a new outlet for her artistic expression & made it her mission to conquer it.

It was 2006, after enrolling in nail school, Aigul operated her newfound skills from a small part-time studio, until her children were all in school. With more freedom to embrace her love of nails, Aigul then rented space in a hair salon & went full-time.

Aigul discovered three industry mentors that made an impact on her career; Alisha Rimando (USA) for acrylic sculpture, Amy Becker (USA) for gel & Pisut Masonong (Thailand) for acrylic painting skills. She then began her journey into fantasy art, 3D sculptures of figurines & complex composition. Aigul is now considered an industry expert in the genres of fantasy, 3D & nail art designs. A strong advocate for the power of education & collaboration, Aigul enthuses, "Who doesn't want to be the best? There's so much to learn in this business. At trainings you meet other artists & they all do nails differently. There's so much to learn from each other, if we take the time & consideration to do so."

A keen competitor, Aigul has enjoyed much success in nail art accolades on the international nail circuit & has since moved into the judge's seat. In 2019 she co-hosted the first *Nailympia Canada* & continues to stretch boundaries as an educator & mentor herself. Believing the magic ingredients necessary to deliver top class education are to give your time, heart & skills, while motivating students to practice with a strict regime, to be precise & to encourage them to keep trying & never give up.



Aigul Fritzke

Kazakhstan & Canada
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4 Take your first colored acrylic bead to start covering the monster's body. Place the bead in the center of the Play-Doh ball & gently pat it down flat & flush against the ball.

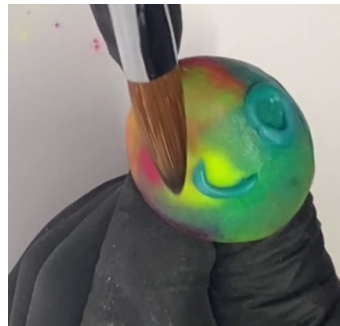
5 Pick up a second bead in the teal shade, then place that bead into the lime green colored powder, which will create a two-tone effect as it's patted into shape.

6 Continue in this fashion as you cover the entire mini monster in color blends & tones using an array of color powders.

PRO TIPS

- When the liquid & powder covering has completely set & cured, carefully pull out the Play-Doh to give you the L&P shell.

FORMING THE FACIAL FEATURES

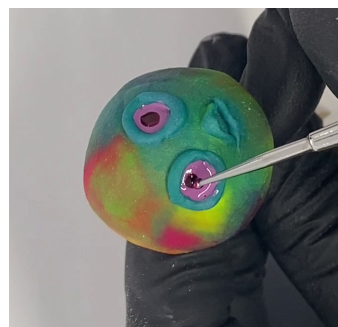


7 Take a dry bead & place where the face will be formed. Create a semi-circle with this bead then add a second bead in a semi-circle to meet it. This is the eye socket. Do the same for the second eye socket beside it.

8 Continue with small beads of your chosen color as you move to shape the mouth.

PRO TIPS

- When creating the 3D dimensions of the features, the L&P bead needs to be slightly drier in order to keep its form.

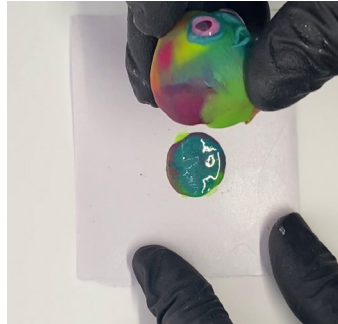
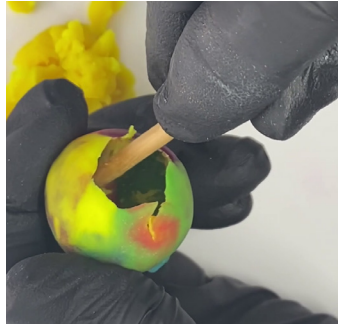
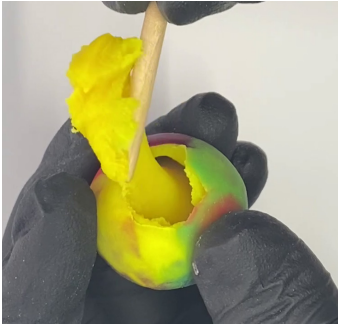


9 Take a very small bead of soft pink UV/LED gel to create the background for the eyes & cure.

10 Take a dark red UV/LED gel color & place it inside the soft pink to start defining the eyes. Cure. Next, add black UV/LED gel in the center of the red to give the iris its pupil. Cure.

11 Now build up the eyeball itself using no-wipe UV clear top coat. Mold then cure.

COMPLETE THE FORM & SHAPE OF THE BODY

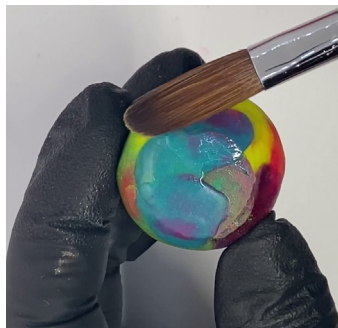


PRO TIPS

- When the body has completely cured, create a hard shell around the Play-Doh ball, it is time to pull out all the Play-Doh from the mini monster. This will leave a hard, yet light & thin shell casing for the body.

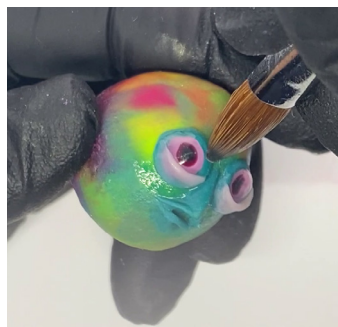
12 Take the backing paper from a nail form & place several small colored beads of liquid & powder in the center that mimic the shades used on the body. Pat them into a round flat shape. This is the part of the body that's missing. It will plug up the hole where the Play-Doh was extracted. Place the monster's body directly on top of it before it cures.

13 Using gentle brush strokes from the bottom going upwards, help make the bottom flush with the main body as it cures & sets in place.



14 Once it has cured, check for holes & fill them with a colored bead. Smooth the bead over the whole area to give a clean, flush finish to the underbody.

15 Add the nose using a small bead of the teal shade to match the eyes & mouth. Pat & stretch it into a nose shape. Add a smaller second bead to the end of the nose area to build up the nostril area. Keep adding tiny beads as the nose forms & blends with the top of the mouth.



16 Take a bead of warm pink L&P & sculpt on the eyelids. Take a palette knife to push detailing into the L&P as it sets & to pull it out & away from the eyeball to look more authentically like a monster's eyelid.

CRAFTING THE HAIR & SCALES ACROSS THE BODY



17 Take a bead of various color powders & place it just above the area between the eyes. Use a palette knife to slice in facial expressions.



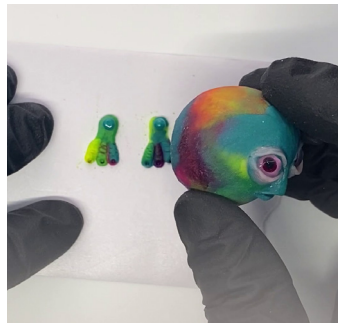
18 Take a hot pink colored bead & use it to form a sharp eyebrow. Use the palette knife to slice in detailing to mimic thick hair follicles. Then take a series of colored beads that match the color of the body & cover this area by patting the beads right across the forehead & eyebrows.



19 Dip your brush into various colored powders & place the beads on the backing paper of a nail form. Pat & stretch the beads into tiny sausage shapes & place side by side. This is forming the monster's feet & toes.



20 Use the palette knife & dotting tool to create wrinkles & nail plate characteristics.



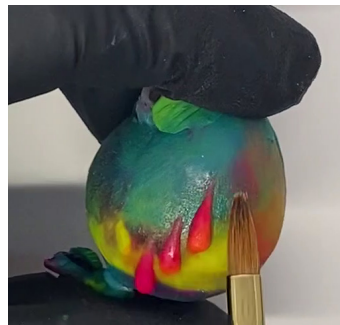
21 Place a small bead of acrylic on the two feet & place the monster's body on top to adhere the body to the feet. Leave to cure.



22 Take a lime green colored bead & use it to form a sharp eyebrow.



Use the palette knife to slice in detailing to mimic thick hair follicles.

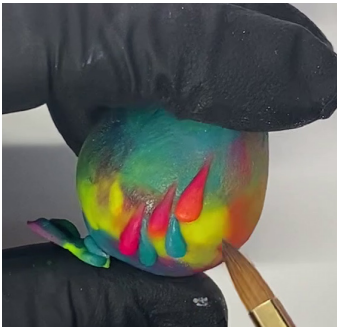


23 Take brightly colored beads of L&P & place on the side of the monster's body, to create the impression of his hairy exterior coat. Drag the bead into a teardrop shape. Choose bright colors to stand out from the body color. Then move to a different shade for the second layer, to give further dimension as well as a wide color palette.



24 On backing paper from the nail forms use L&P to create teardrop shapes in a variety of colors & sizes.





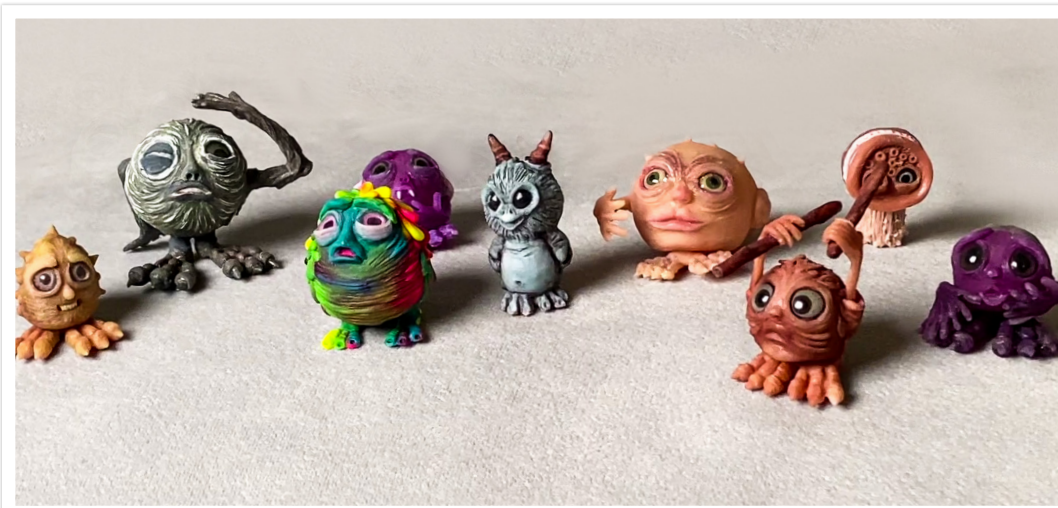
25 Use small beads of L&P to place on the body & add in the teardrop shapes to build up its exterior coat.

FINAL LOOK



26 Place a large bead of blended color powders on the monster's under belly. Pat & stretch it out, then slice lines into it using a palette knife.

27 Gradually change the color of the beads & move up the front of the monster. Use the knife to create impressions across his body. This gives him his form & dimension.



In this workbook, Aigul has shown how to build the body of a figurine using Play-Doh for its shape, before coating in liquid & powder. Adding characteristics & personality traits were demonstrated alongside sealing up the underneath, and creating a base, then molding feet for the figure. Lastly, giving the creature its coat & styling was shown, therefore creating the entire figurine in the L&P system with color added using UV/LED gel polishes was detailed. A dotting tool & palette knife were then used to add the last details to bring the figurine to life.