

# TAG THAT trend

## EXTREME MONO MARBLE DESIGN



Anita  
Chahal



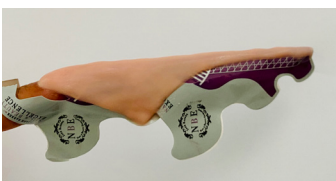
Anita Chahal has been a working nail professional for 22 years. Feeling ready to take her skills to the next level, Anita began her competition journey six years ago, she notes, "It was when I began competing that I discovered I had a passion for extreme nails. This new horizon in nails pushed me to create bespoke pieces, while also stretching my nail skill levels. Entering competitions was a new personal high as I placed in many international competitions." Anita's greatest achievements to date include being able to share her skills with her students and watching them grow and excel in their own nail career. Inside her nail championship and industry accolades Anita has two silver medals from *Nailympia London* Division 2, a front cover showcasing her extreme nails featured in *NailKrush* magazine and an article in *Scratch* magazine too.

### WHAT YOU NEED

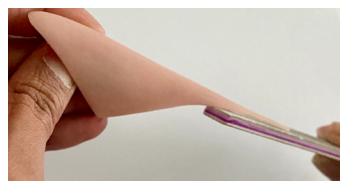
NBE Glitter Sensation Acrylic Core Powder, NBE Onyx 01 gel polish, NBE Velvet matt top coat, NBE Blooming Lovely Gel, NBE White Light 02 gel/polish, NBE Pillar box Red 21, NBE Velvet matt top coat, Metal studs, bullion beads, NBE non-wipe Bling Bond, NBE onyx 01 gel polish.

### GETTING PREPARED

Prepare your table in an organized manner eliminating cross contamination from the products. Make sure all necessary products are within hand's reach, so the products are ready to use on the nail desk.



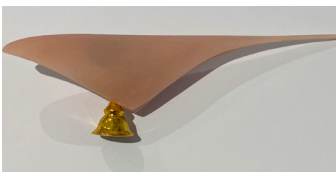
1 Sculpt the extreme nail to your desired shape.



2 File to define the shape & structure.



3 Smooth & refine across the top & down its sides.



4 Sanitize the structure & remove all dust particles.



5 Apply 2 thin layers of black UV/LED gel, curing between layers.



6 Apply a thin layer of matte top coat & cure.



ANITA CHAHAL

United Kingdom  
Nail Artist

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**7** Using blooming gel, apply to the middle of the nail leaving out the half-moon at the cuticle end of the nail. Do not cure



**8** Using white gel & a liner brush draw on the rose petals, allowing them to disperse as they mix in with the blooming gel.



**9** Once ready fully cure.



**10** Define the inner petals using a Skinny long brush using white UV/LED gel polish. This will give a highlighted effect, then fully cure.



**11** Using red UV/LED gel polish, apply a thin layer to the rose area only, then cure



**12** Cover the rose design in matte top coat & cure. Then start adding rhinestone embellishments.



**13** Add further embellishments, crystals & bullion beads to define the area at the top of the nail.



**14** Add needle point & paint it black, using UV/LED black gel. Cure then top coat using a matte top coat & fully cure.



In this workbook you have seen how to create a complex looking nail art design in four easy to follow stages to create a stunning set of extreme styled nails.