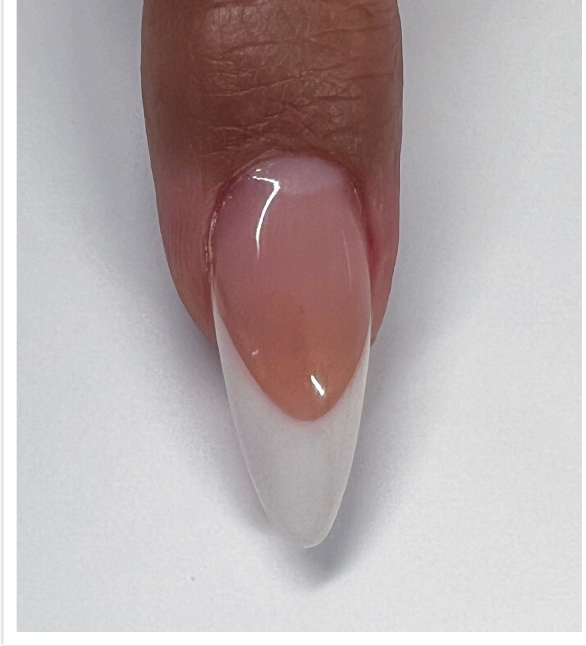


# BACK to basics

## A PERFECT FRENCH



### WHAT YOU NEED

Liquid & powder artificial nail system, cover pink powders, dappen dish, lint-free wipes, nail prep, nail primer, nail forms, acrylic brush.

### GETTING PREPARED

Prepare your table in an organized manner eliminating cross contamination from the products. Make sure all necessary products are within hand's reach, so the products are ready to use on the nail desk.

## CREATE THE NAIL PLATE EXTENSION



**1** Prep natural nail, then tailor & apply the nail form.



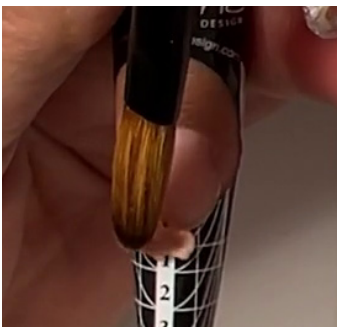
**2** Choose your palette of cover powders from opaque to sheer.



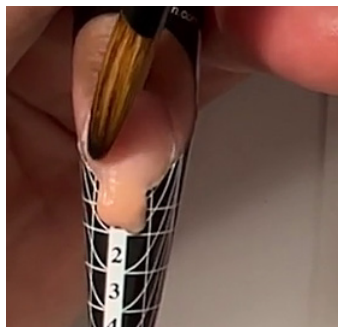
**3** Pick up a medium-sized bead of the opaque cover powder & press out the excess liquid.

### PRO TIPS

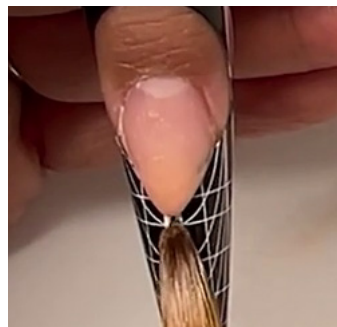
- Always customize the nail form to give it a snug fit under the free edge of the nail.



**4** Place the very dry bead in the center of the separation line of the nail & the nail form.



**5** Pat the bead into place & blend it back into the natural nail.



**6** Use the side of the brush to shape the smile line. Keep the product thicker at the new free edge.

## Alisha Rimando



Alisha Rimando is recognized as one of the nail industry's leading experts in training and education. In her 28 years experience, her work has been described as "ground-breaking" as she has been a platform artist and motivational speaker for thousands of promotional and educational events, and competed in hundreds of nail competitions around the globe winning the *World Nail Championship* in 2005 in *Pink and White Sculptured Nails*. She is the featured artist in many training videos, including hosting the current *Milady Standard Nail Technology* DVD Series.

Alisha's expertise and application techniques have been featured in more than 150 beauty and trade publications as a contributing author world wide such as *Teen Vogue*, *Bridal Guide*, *Self*, *Fitness*, and *Seventeen* magazines, as well as numerous industry trade magazines like *Nails*, *Nailpro*, *Scratch (UK)* and *Stylish Nail (Japan)*. Her career took an additional leap in 2008 as a contributing author to *Milady Nail Technology* and *Standard Cosmetology* textbooks, a consistent honor she engages with each new edition.

Through the years, Alisha has worked with R&D chemists to develop nail enhancement products, nano technology skincare, cuticle treatments, polish collections and natural nail treatments. Alisha's artistic creations have been sought after for numerous ads and campaigns as well as garnered celebrity status being featured with Jennifer Hudson in her video "Spotlight" and leading teams at NYC Fashion Weeks.

Her passion for educating the nail community takes her on another adventure with the conception and development of *GlossaryLive.com*



Alisha Rimando

GLOSSARYLIVE

USA

alisharimando.com

IG: @alisharimando

## PRO TIPS

- When creating extended nail beds, make a note on the nail form of where the first nail bed is extended to, so every other nail bed is extended to the exact same length.
- When you add acrylic on top of acrylic, the latter will absorb the liquid from the freshly laid acrylic.



**7** Check the smile line & fill any holes with product.



**8** Place a bead of lighter pink cover powder at the demarcation line & blend into the natural nail.

## CREATE THE FRENCH EXTENSION



**9** Pick up a bead of white powder, press out excess liquid & place on the nail form to create the extension.



**10** Use your brush to shape & form the smile line.

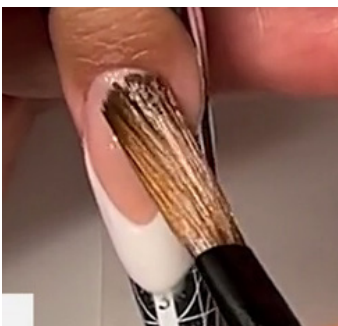


**11** Pick up a little white powder, tap off the excess, press out any liquid & place in the corners to complete the smile line.

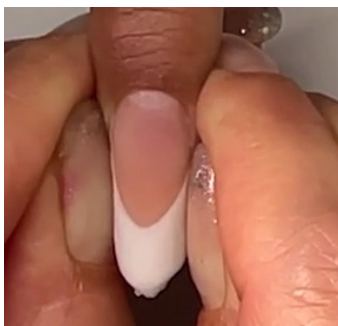


**12** Place a large bead of translucent powder at the apex of the nail & press into place.

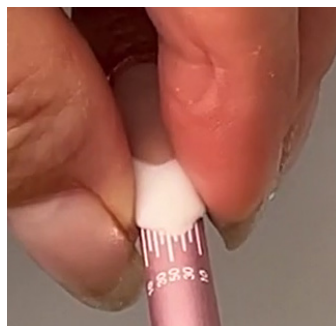
## PINCHING IN THE C-CURVE



**13** Blend the bead all the way back, keeping the product thin at the cuticle. Then place another bead towards the cuticle, pat & blend it into place creating an even structure.



**14** Gently remove the nail form & use your fingers to squeeze the nail at the separation line. Using thumbs, with elbows out, pinch in the C-curve.



**15** Place C-curve stick under the free edge & wrap the extension around the stick using your fingers & squeeze it. Take out the stick & squeeze with your fingers. Then use a smaller C-curve stick & repeat the process until you have the C-curve you require.

## PRO TIPS

- When creating enhancements, keep product thin at the cuticle, tip & edges of the nail & thicker at the apex.

## FILING THE STRUCTURE



**16** Start by filing the sidewalls & the perimeter of the nail with a 150/180-grit file.



**17** Check the shape of the nail from the client's perspective.



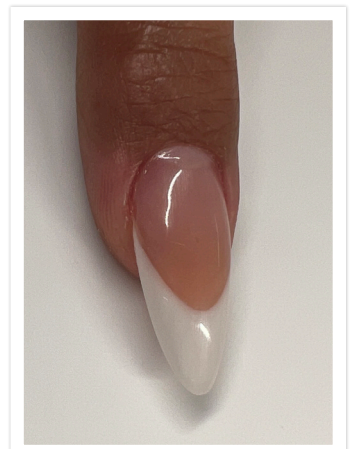
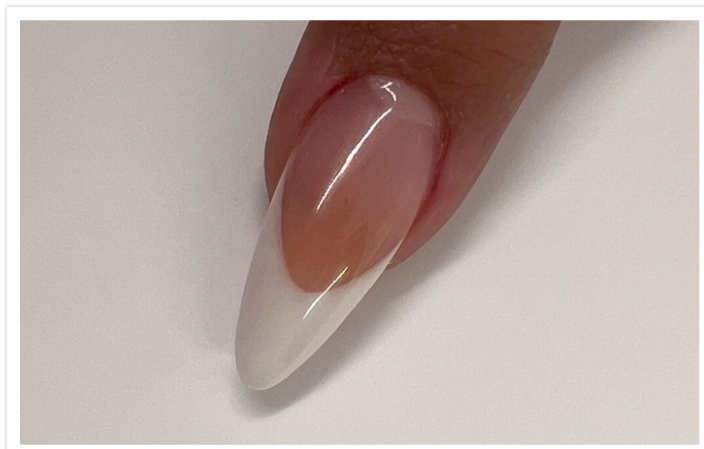
**18** File the surface of the nail with a 180-grit file starting at the cuticle & working around the nail, leaving the apex.



**19** Gently buff the surface of the nail using the same motions you filed, now using the 180-grit buffer.



**20** After dusting away all debris with a stiff manicure brush, apply a UV/LED top coat & cure.



In this workbook you have learned how to create the perfect French nail look on any client using cover pink powders. This technique will allow a perfect French nail application on any style nail. From bitten, to short or even damaged nails, these techniques will give every client the French nail look they always wanted.