



GLOSSARYLIVE.COM

Nails from A to Z

FROM alisha



@alisharimando

Hello out there! It's so exciting to be out and about in the industry again. I saw many of you in Anaheim at the Premiere show while Alex was giving out hugs at the *Nailympia Germany* competition. The nail vibe is real!

If you didn't know about either of these happenings, you can always check out our events page and see where the next show, nail camp, networking event or competition is. If you are hosting an event or class, please share it with us so we can post it on the events page. We want classes, events, all nail education celebrated here at *GlossaryLive*.

If you haven't heard we have also unveiled our *Nail Scholarship*.

Nail education is not only my passion, but what feeds hundreds of thousands of families across the globe. Yes, nails are fun, artsy, crazy, but it's also a business, and this business puts food on the table. So if you want to be part of this movement, visit our site to learn how to donate, participate or receive the gift of education.

XoXoX Alisha

COVER

NAILS: @laboonedoesnails
PHOTO: @karnopp_creative
MODEL: Sarah Morgan
MAKE-UP & HAIR: Emilee Roth

homeopathic healing

An age-old remedy, a mustard foot soak is used for natural detoxification and purification of the body. For those that suffer with migraine headaches, the mustard foot bath is both recommended and celebrated. Massage olive oil into the feet and ankles, then place feet in the mustard bath. The heat from both the mustard and the water will draw down vascular tension, dilating constricted blood vessels in the head and bring blood flow to the feet, thus alleviating pain in the head.



You can create a recipe that offers further healing potential by mixing 2 cups of Epsom salts, 1/4 cup baking soda, 3 drops of lavender oil and 1/4 cup of dry mustard powder in a hot foot bath, then sit and soak for 20-30 minutes.

“Pattern interruption is studying the pattern of what everybody else is doing in an industry and then completely flipping it to really stand out.”

– Brendan Kane, author, *One Million Followers*

newsworthy NAILS



Nailympia Germany (31 March–2 April) and *Nailympia Anaheim* (2–3 April) kicked off the *Nailympia Competitions 2023* circuit, making it a first to see two run concurrently. With two competitions underway, this gave rise to two different teams utilized to run each event. Hemi Park (@sugarplumfairfingers) and head judge, Alisha Rimando (@alisharimando) took the reins in California, while Alex Fox (@alexfoxlife_), Stefanie Lo Re (@sni_signature_nail_int) and Ivonne Voigt (@ivonne_voigt) ran the event at @beautyduesseldorf.



Nailympia Anaheim
Individual Top Scorer
Anastasia Totty – USA
@anastasia.totty

Nailympia Germany
Individual Top Scorer
Alessandra Pizzari – Italy
@alessandra.pizzari



PEELBACKTHEPOLISH

maisie DUNBAR



An award-winning global beauty genius and entrepreneur, Maisie Dunbar traverses the world spreading her nails, beauty, business and make-up knowledge inspiring younger

generations along the way with her motivational uplifting spirit and personality. With a philanthropic mission, Washington DC-based, Maisie, has spent the last two decades giving back to industry through education as a mentor and consultant to various groups and communities. With over 30 years of beauty industry experience under her tool belt, Maisie's journey into beauty began as a simple pathway to using her beauty training to help her save money having her nails done.





"I got laid off from my job as a systems analyst and wanted to learn how to manicure my own nails to save money," Maisie recalls. "I was always fascinated by beauty and I loved the process of clean, well-kept hands and nails."

Initially training with the Fame School of Nail Design in Rockville, Maryland, Maisie quickly found her strongest nail skills lay in manicure and pedicure and once realized, she built her career in and around these, reaching celebrity stylist status and enjoying a host of corporate clients along the way. However, like many, the initial road was rocky and Maisie found herself with little money for supplies and no idea how to progress with ongoing education. It was inside a Capital Beauty Supply store that Maisie got her lucky break, as the manager there loaned her the nail supplies she needed and suggested she take a Tammy Taylor nail class. Given eight weeks to pay the loans back, Maisie went hunting for work. Gripped by her new love of nails, she vowed to become successful, not least since she was providing as a single parent mother to her son. And with time, successful she was. Maisie gave a 100% to her newfound career path, working in three salons, in the DC Metropolitan Area and in New York City. A marketing genius from a young age, Maisie's quick thinking got her chair full by offering free manicures to anyone that would take them. This move helped hone and refine her skills and gave the impression she was busy. To this day Maisie still has some of those original clients at her desk.

Running the Maisie Dunbar Spa Lounge in Silver Spring, MD and the Maisie Dunbar Beauty & Brains Institute in Germantown Maryland, you'd be forgiven for thinking Maisie's time was taken up. However, over the years, not keen to sit quietly, as Maisie accrued knowledge, her desire to share it to inspire others became her calling. Loud and proud, Maisie boasts an eclectic resumé, having been featured on the likes

of Fox 5, NBC, CNN, EIB Network, CBS, ABC 7, BET, WOLB radio, as well as in Oprah's 'O' magazine, Harper's Bazaar, Glamour, Italian Vogue, Ebony and as an expert voice in Scratch magazine.

Grooming nails for guests at *The Emmys* and *The Grammys*, this TEDx speaker has enjoyed an A-list of celebrity clients including Chaka Khan, Angie Stone, Sharon Osbourne, Gladys Knight, Mary Mary, Cameron Diaz and Patti LaBelle to name a few.

Following the passing of her mother in 2004, Maisie felt a strong urge to leave a legacy and, alongside her sister Cathy, launched Bluffajo Cosmetics (Bluffajo is a term in Liberia that is used to describe a well-turned out and groomed person). She notes, "Africa was in need of a great beauty brand, I was passionate about beauty and so we launched the brand with six lip glosses." From humble beginnings, the brand is now sold online, on Amazon and a few outlet stores in the USA and boasts a full range of make-up as well as homecare accessories too.

Inviting Maisie to share her pearls of business wisdom, she cites, "Be consistent, be true to who you are, never mind the noise, commit to excellence in all areas of your business, be teachable, be a student of life, share your knowledge, let your 'No' be 'No' and your 'Yes', be 'Yes', and always show up as your authentic self."

Maisie now treks the globe sharing her wisdom through seminars, workshops, as an international judge and presentations. For those keen to learn her recipe for success there's a few ways one can capture her expertise. "My institute is served both online as well as in person. I work with organizations internationally, looking to secure quality beauty pros in their prospective countries, as well as working independently via zoom teaching nails, skin, waxing, make-up and business-building workshops," shares Maisie. "My passion is to see beauty businesses succeed."

@maisiedunbar1



TAG THAT *trend*...

TAKE 5
Contest


WHAT'S HOT IN **NAILS NOW**

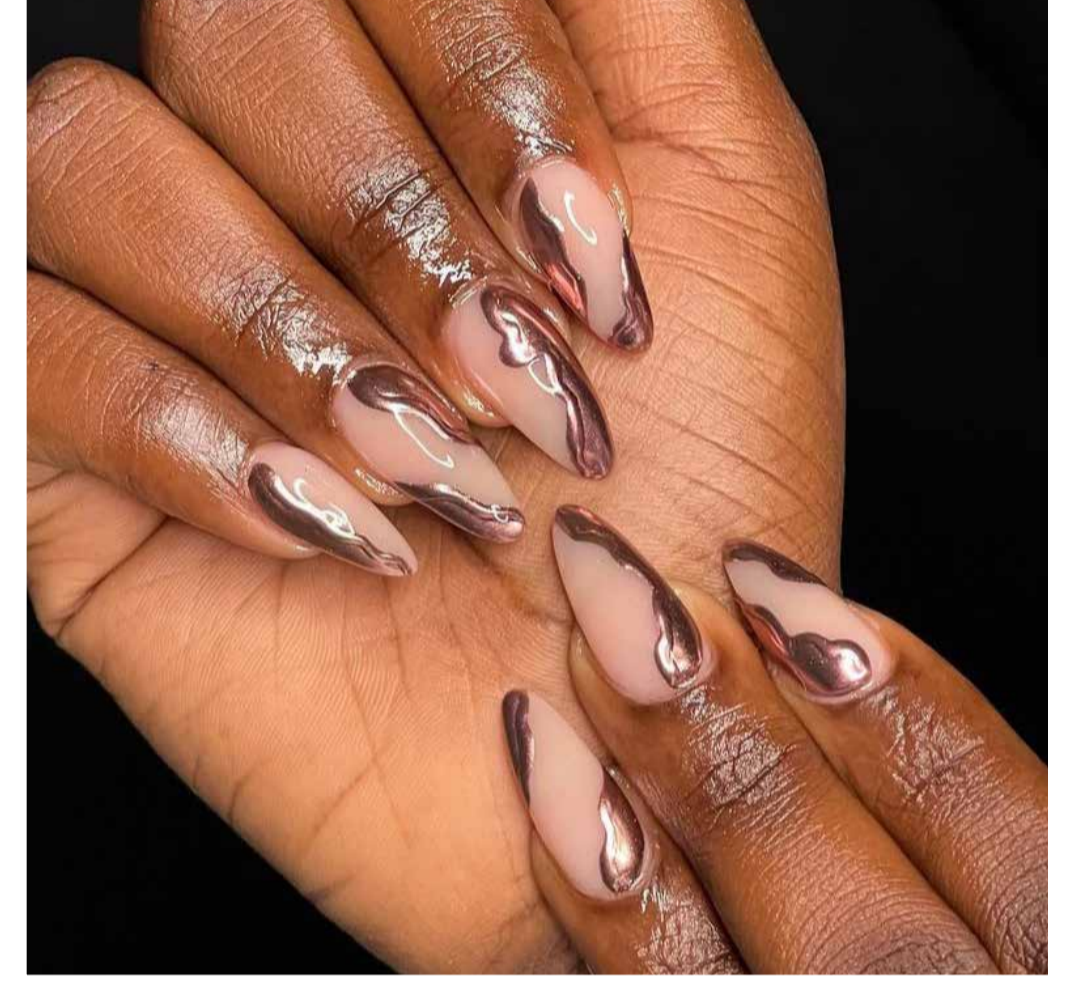
Whether it be a delicate French swirl, macabre gothic twist, mere birdcage or lava lamp, whatever your muse, the 3D chrome effect is trading orthodox nail designs for more avant-garde nail noise. For 2023 nail styles got galvanized.



 @nailsxanalyse



 @yaduga



 @smarianails



 @myprettyset



 @nails.index



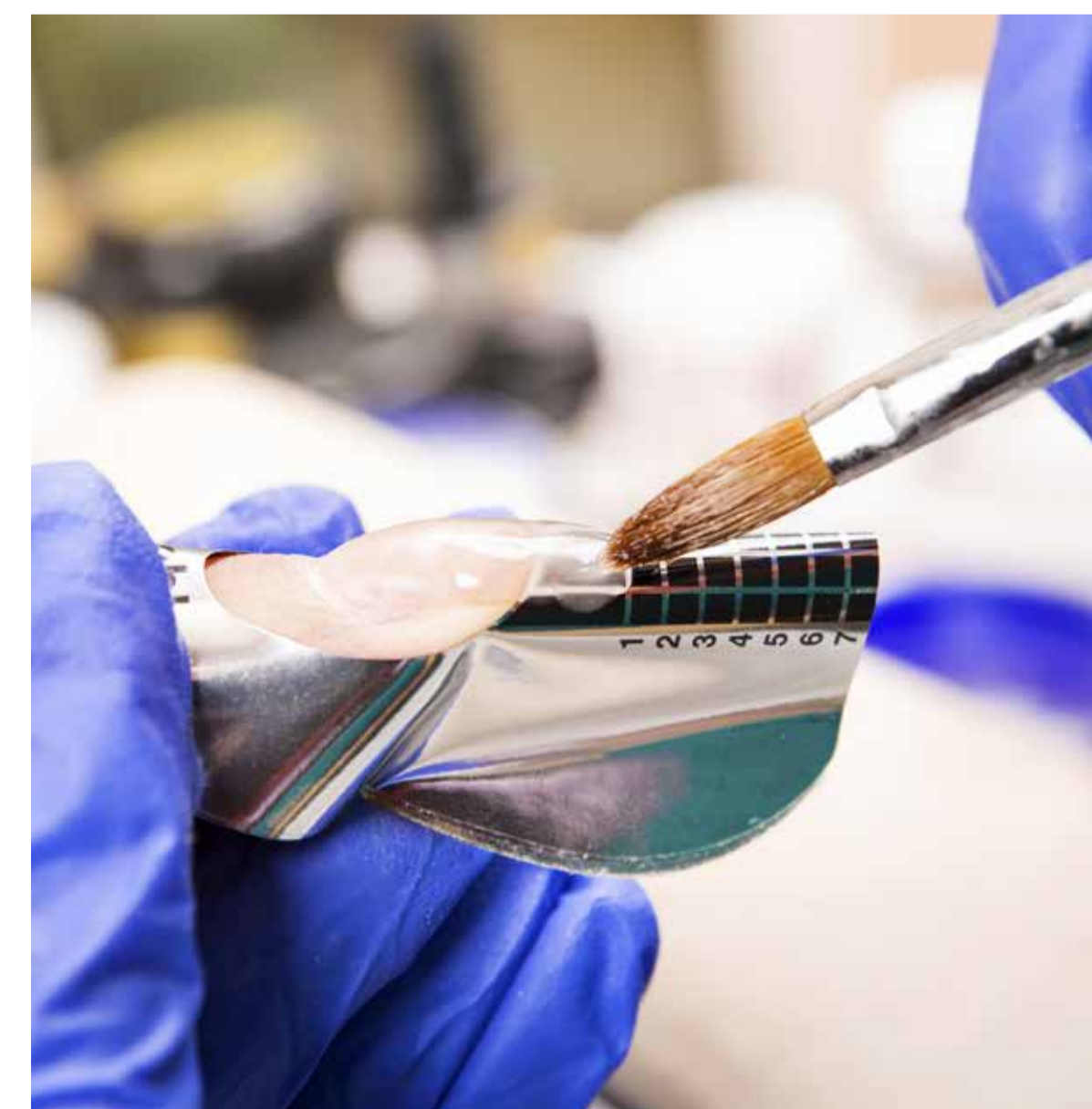
 @ardelysbeauty

[Click here to enter the Take 5 Stream that Theme contest and send in your 3D Chrome Nail Designs](#)

PRO Q&A

HOW DO I PICK UP
THE PERFECT BEAD
WHEN USING THE
L&P SYSTEM?

The perfect bead is formed from a combination of elements. Firstly, it's directly affected by the amount of liquid in the brush. This is controlled by making sure you use clean, fresh monomer for every client, wiping the brush against the side of the dappen dish before placing in the powder, touching the brush on a lint-free wipe to remove further excess liquid and then noting that the average bead should be 1-part liquid to 2-parts powder. As you get more skilled, you will be able to control your application by making wetter or drier beads depending on the performance you require, inside of the temperature of your environment. To master the art of picking up the perfect bead, practice picking up a bead, placing it on wax paper over and over again so you understand the performance of the product you're using.





FREESTYLE *nail art*



SHARNA BOGHURST

@sharnanailartist



1

Start with your base coat & then two coats of blue LED gel polish. Cure between each layer.



2

Use metallic silver LED gel paint to draw a swirly or straight line in a diagonal across the nail. Then cure.



3

Use a silver glitter LED gel polish to fill in one side of the nail & then cure.



4

To give it some lift & depth, apply a transparent color, in an ink or stained glass effect LED gel paint, over the glitter section & cure.



5

To complete the look, apply metallic LED gel paint in random swirly & straight lines over the glitter section & cure. This raised effect gives further dimension to the design. To finish, apply LED gel top coat & cure.

DISCOVER NEW STEP-BY-STEP VIDEOS EACH WEEK ON FREESTYLE NAIL ART @GLOSSARYLIVE.COM

GLOSSARY



WATCH VIDEO

Dip Powder [DIP POW-der]

What it is: A very fine polymer powder that is usually heavily pigmented and used with a resin-based system as an overlay.

How to use it: Used with a dip system to color or strengthen the nail as an overlay service.

How to apply it: After the dip resin is applied, the fingernail is pressed into the powder or the powder is sprinkled onto the nail.

How to remove it: Soak in acetone according to manufacturer's directions.

How to store it: Store in a cool dark place away from heat and light.

feed the future

Announcing its commitment to support those wanting to pursue a career in nails who require financial aid to do so, *GlossaryLive.com* is forging a new pathway to this end.

With nail education at its core, *GlossaryLive.com* founder, Alisha Rimando cites, "I've been blessed to travel the world for almost 30 years teaching nails inside this fantastic global community. My goal is to help others find their place in this industry, support them on their journey and ignite their passion through education. It was my passion for this industry that drove the creation of *GlossaryLive.com* and this scholarship fund."

The scholarship, offered to both students and licensed professionals alike, will be awarded annually to one or more recipients.

Find out more about how to apply here...
<https://glossarylives.com/nailscholarship/>

