



Alisha Rimando is recognized as one of the nail industry's leading experts in training and education. In her 28 years experience, her work has been described as "ground-breaking" as she has been a platform artist and motivational speaker for thousands of promotional and educational events, and competed in hundreds of nail competitions around the globe winning the World Nail Championship in 2005 in Pink and White Sculptured Nails. She is the featured artist in many training videos, including hosting the current Milady Standard Nail Technology DVD Series.

Alisha's expertise and application techniques have been featured in more than 150 beauty and trade publications and blog spots world wide such as Teen Vogue, Bridal Guide, Self, Fitness, and Seventeen magazines, as well as numerous industry trade magazines like Nails, Nailpro, Scratch (UK) and Stylish Nail (Japan). Her career took an additional leap in 2008 when she became a published author for Cengage Learning, contributing to Milady Nail Technology and Standard Cosmetology textbooks, a consistent honor she engages with each new edition.

Through the years, Alisha has worked with R&D chemists to develop nail enhancement products, nano technology skincare, cuticle treatments, polish collections and natural nail treatments. Alisha's artistic creations have been sought after for numerous ads and campaigns as well as garnered celebrity status being featured with Jennifer Hudson in her video "Spotlight" and leading teams at NYC Fashion Weeks.

Her passion for educating the nail community takes her on another adventure with the conception and development of *GlossaryLive.com* 



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## TAG THAT *trend* METAL GRUNGE

## WHAT YOU NEED

UV/LED Artistic gel polish, Rock Hard extension, Artistic Nail Surface Cleanser, acrylic brush, Revive Cuticle oil, Wax Paper, Oil Slick Foil.

## **GETTING PREPARED**

Prepare your table in an organized manner eliminating cross contamination from the products. Make sure all necessary products are within hand's reach, so the colors are ready to use on the nail desk.



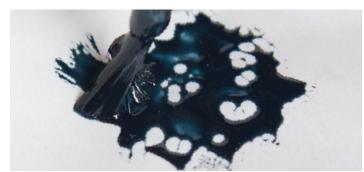
Follow application steps for Rock Hard Extension.



Apply a thin coat of Radiate My Love, making sure to cap the free edge. Cure for 30 seconds in LED light or 2-minutes in UV. Repeat.



Transfer 'Oil Slick' foil diagonally across the tip of the nail. Be sure to firmly press foil onto the nail to ensure adhesion.



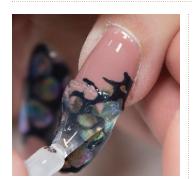
Create a dark oil spill effect decal by applying Colour Gloss in Torque It! on wax paper & creating voids or holes. Allow the product to sit for a moment while the holes become bigger as the gel settles. Assist the design by using a marbling tool to direct the gel to where you want it to go. Once desired design is achieved, cure for 30-seconds in an LED light or 2-minutes under UV.



Use Sani Tongs to peel decal from wax paper & apply to the foiled area, trimming the edges to fit the nail.



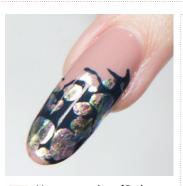
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Apply Glossing Gel over the entire nail & cure for 30-seconds in an LED lamp or 2-minutes under UV. Apply a second coat of Glossing Gel & cure for 30-seconds in LED or 2-minutes under UV.



Use Nail Surface Cleanser & a lint-free wipe to cleanse the inhibition layer of the nail.



Massage one drop of Revive Cuticle Oil into the skin surrounding the nail plate, and enjoy the finished look.



In this workbook you have learned how to create your own nail art effects using gel polish colors cured on wax paper in a variety of designs. Layering different media will also help build an original & unique design & when using nail art foil & cured gel polish shapes, nail art is a quick, simple & cost effective way to offer nail art ideas to your clients.